



June - July
2002

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Town of Fountain Hills
Parks & Recreation
Department

Fourth of July Celebration



You are invited to celebrate Fourth of July at Fountain Park as the Fountain Hills Parks and Recreation Department hosts its annual Fourth of July Celebration. Bring a blanket, picnic dinner, and the family for an evening of entertainment and fun. Fireworks will begin at 9:00 p.m. and will last approximately 30 minutes.

Festivities for this year's Fourth of July Celebration will begin at 6:00 p.m., Thursday, July 4th at Fountain Park. Once again, various community organizations will be vending everything from the famous glow-ropes to ice cold soda. Also, the Arizona Military Vehicle Collectors Club will be displaying its historic vehicles along Saguaro Boulevard adjacent to Fountain Park.



The fountain will be off most of the day, as the pyrotechnician set up for the event. During the fireworks show, all three pumps that operate the fountain will be used to extend the usual height of 380-feet to 560-feet in the air. Nevertheless, if wind speed kicks up, the fountain may be shut down so it does not extinguish the fireworks.

Fireworks Productions of Arizona, Ltd., has been displaying the fireworks show in Fountain Hills for the last six years. This year, the display will consist of 763 shells, 2,263 aerial effects, and the grand finale will consist of 106 aerial shells and will provide a great ending to the celebration.

DJ Steve Grosz will once again emcee the celebration from the stage located in the center of Fountain Park. Stage entertainment will include music, dance contests, sing-a-longs, give-aways, and performances by the TNT Dance Academy of Scottsdale throughout the evening. The celebration will conclude with a stunning fireworks show set to patriotic music.



Just Say No To Feeding Wildlife

Does your neighborhood have a javelina or a coyote problem? It may be caused by handouts of food. Many people feed wildlife, yet animals can live without the food. The nutritional needs of the wildlife are not met with human food. These animals lose their fear of people when they develop unnatural behaviors and habits that result in conflicts with humans. Feeding endangering wildlife attracts animals to residential areas, family pets, as well as neighbors and motorists. Many people have been bitten or risk being bit when feeding wildlife and this may cause rabies or other related diseases. Rabies is a serious viral infection that affects the nervous systems of animals. Feeding wildlife can result in negative behaviors and actions as wild animals are unpredictable and caution is to be used when they are around. If you or your pet gets bitten or needs assistance with wildlife please contact the Marshals Department Animal Control Agency at 837-8800.







If you are concerned with neighborhood wild animals try these tips

- Actively discourage wild animals from visiting your area.
- Do not throw out garbage where wild animals can eat it. Secure garbage containers and eliminate garbage odors.
- Remove any pet food from outside your home.
- Place bird feeders where they are not accessible to other wildlife species.
- Don't allow pets to run free. Always accompany your pet.
- Make sure your children are not left unattended.
- Remove all birdseed and eliminate any water source. Wild animals are attracted to the food and the other animals eating the food.

Brush Fire Safety



The Fountain Hills/Rural Metro Fire Department wants everyone to start thinking about brush fire season. Every year our climate places Arizona's deserts and homes at risk. Some simple precautions can greatly reduce your exposure to risk or loss.

-  Keep dead grass and weeds cleared at least 30 feet from any building.
-  Never stack firewood or anything combustible next to your home.
-  Clean dead foliage and fronds from plants and trees surrounding your home.
-  Be careful not to allow any vegetation to grow underneath porches or overhangs.
-  Schedule a FREE brush safety inspection by calling the Fountain Hills Fire Marshal's office at 816-5139.
-  Report smoke or fire by calling 911.

Fountain Hills residents enjoy many of the Town amenities, particularly the park system. Recently, new park rules were adopted and incorporated into the Town Code. To keep parks a special place for everyone to enjoy, the Marshals Department would like to recap some of the newly implemented park ordinances.

No pets are allowed in parks or within Town limits except on leash. However, the Off-Leash Recreational Facility at Desert Vista Neighborhood Park offers a place for pet owners to take their dogs and be off leash. Additionally, whether pets and their owners are visiting the Off-Leash Recreational Facility or other parks, it is the pet owner's responsibility to remove any animal waste caused by their pet. Finally, pet owners must ensure that their pets are not allowed to roam Town without being on a leash and must be accompanied by their owners.

One newly implemented Ordinance pertains to prohibiting flying gas powered model aircrafts in Town owned parks. The Parks and Recreation Department is currently in the process of working with several residents and the Aeronautical Model Association to potentially locate a site for this kind of activity. Currently, the closest facility is located near Scottsdale Community College.

For more information on this and other Fountain Hills Ordinances visit the Town's website at <http://www.fh.az.gov>. or contact the Marshals Department at 837-8800.



"Help Us Help You" - Together We May Prevent A Crime

Warmer weather is fast approaching and attempts to sell illegally are on the rise. Illegal vendors from across the country will be descending on Fountain Hills. Usually they arrive in Town by the vanload and scatter throughout the neighborhoods peddling everything from magazines to cleaning products.

An illegal vendor is any person who has not obtained a local commercial permit to solicit door-to-door. Vendors travel from place-to-place attempting to take orders for the sale of goods, wares, or merchandise for future delivery or for services to be furnished or performed at a later date. The peddler will often request advance payment on such sales.

Past involvement with illegal vendors has shown individuals to have warrants out against them. This is one reason they avoid obtaining legal license through the Town of Fountain Hills. All vendors are subject to a background check with verification of a company's legitimacy. A legal commercial permit to solicit door-to-door sales will have the Town of Fountain Hills seal and a photo identification of the person named on the permit. Without a legal Town permit it is illegal to go door-to-door.

These sales people employ a technique involving high pressure, persistence and a standard line claiming "they were referred to them by a neighbor". Another deceptive tactic may be that the individual claims to be a student financing their education through the sale of magazines. Recently, the Town had a group attempting to sell magazine subscriptions, claiming that the proceeds would help them to pay their way through nursing school. This group was apprehended within minutes, thanks to the efforts of a neighborhood block watch member who called the Marshals Department.



When dealing with someone you may encounter at your doorstep, remain calm and alert. Do not get into a confrontation. Do not let them into your home. Immediately contact the Marshals Department at 837-8800 with any pertinent information including the following: a description of the individual or individuals, last known location, and, if possible, any vehicle information.

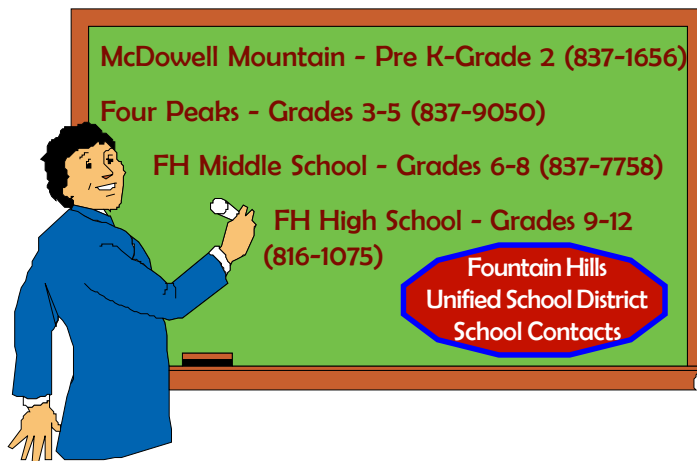
Water Safety



It's the time of year when some of us will start enjoying our back yard and community swimming pools. When we do, the Fountain Hills Rural Metro Fire Department wants you to remember only one thing and that is water safety.

1. Never leave a child unattended in the water or pool area for any reason.
2. Don't have a false sense of security because your pool and home are secure.
3. Always watch your children even if you have a pool fence or secured pool area.
4. Don't place any objects near pool fences. Children can use these to climb over.
5. Always keep your eyes on the child or children. Designate a child watcher.
6. Talk with babysitters about pool safety, supervision, and drowning prevention.
7. Don't rely on swimming lessons or "floaties" to protect your children in water.
8. Don't assume that a drowning incident couldn't happen to your family.
9. Encourage neighbors to follow pool safety guidelines, including keeping their back gates and doors locked, and their pool gates securely closed and latched.
10. Lock all exterior windows, doors, and sliding doors at all times.
11. Lock doggie doors as well. Small children can easily fit in the small openings.
12. Don't allow children to play in the pool area.
13. Keep lifesaving equipment like a pole, life preserver, and rope in the pool area.
14. Empty wading pools when not in use. Empty standing water in all containers and spa covers. A child can drown in as little as two inches of water.
15. Learn CPR. For more information on CPR classes call the Fountain Hills Fire Department at 837-9820.

Fountain Hills Unified School District Calendar for July 2002-June 2003



December

- 20 End Second Quarter (41 Days)
End of First Semester (85 Days)
- 23-31 Winter Break -No School

January

- 1-3 Winter Break-No School
- 6-7 Staff Development Day-No School
- 8 Students Return
- 20 MLK Holiday-No School

February

- 17 Presidents Day No School
- 18 Staff Development Day-No School

March

- 14 End of Third Quarter (43 Days)
- 19 Parent Conferences-Elementary
- 20-21 Parent Conferences-All Schools
- 24-28 Spring Holiday-No School

April

- 17 Staff Development Day-No School
- 18 Spring Break-No School

May

- 26 Memorial Day-No School
- End Fourth Quarter(49 Days)
- End Second Semester(49 Days)
- 30 Last Student Day, early dismissal all schools

June

- 2 Last Day for Teachers

August

- 5 New Teachers Report
- 7 Returning Teachers Report
- 12 Students Return-early dismissal all schools

September

- 2 Labor Day-No School

October

- 11 First Quarter Ends (44 Days)
- 16-18 Parent Conferences-All Schools
- 21-25 Fall Holiday-No School

November

- 11 Veteran's Day-No School
- 12 Staff Development Day-No School
- 28-28 Thanksgiving- No School

Read Your Way to the Ballpark



The Fountain Hills Library Association is again supporting this year's summer reading program by donating funds for both prizes and programming. The Library Association has generously contributed funds for the purchase of a bicycle that will be this year's grand prize. An arrangement has been made with the local bicycle shop, CG Bikes, to borrow a bike for display in the library until a winner has been announced, at which time an appropriate size and model will be purchased. The Library Association has also provided funds to expand programming, with at least one program each week throughout the two month period, and for a special 'kick-off' event to take place June 1st.

The Summer Reading Program encourages children and teens to read during their summer vacation, and is sponsored by the Arizona Diamondbacks. Special programming, theme materials, and prizes will be provided to maintain critical literacy skills and reinforce the notion that reading is fun. Participation in the program improves reading skills and better prepares children for the next school year.

For more information about this program please call the Fountain Hills Branch Library at 837-9793.



Community Safety

Recently, Greg Elco, Equipment Operator with the Town of Fountain Hills Street Department, took first place at the Arizona Equipment Safety Partnering Roadeo in the Backhoe Competition.

This year, the Arizona Equipment Safety Partnering Roadeo was held at the Arizona State Fairgrounds on April 24th and 25th. There were approximately 100 individuals from Arizona municipalities and private organizations competing in 12 different competency and agility areas. Competitors are required to complete a written test, equipment inspection, and driving course.



Greg Elco

The Arizona Equipment Safety Partnering Roadeo has been designed to test the skills and knowledge of equipment operators. The safety training classes are designed to enhance the operator's skills and knowledge. The Roadeo can help identify an individual operator's strengths and weaknesses, knowledge of applicable laws, as well as an operator's knowledge of the equipment maintenance and safety.



Greg actually took first place in the Backhoe Competition 18 months ago in Flagstaff, but was one class short of the requirement, and was subsequently disqualified. In order to meet the class requirement this year, Greg diligently applied himself to taking extra classes to exceed the class requirement. Congratulations go out to Greg Elco for his persistence and hard work in achieving this esteemed award.

Serendipity Event

The Fountain Hills Community Center is planning its first annual Serendipity Event on Saturday July 13th from 2:00 to 5:00 pm. The event will feature a number of fun activities and special events for the entire family. Activities will include a Fountain Hills T-shirt fashion show, remote control car races, silly sunglasses, demonstrations by Arizona Yo-Yo Company, performances by the FH Dance Academy, and the "Serendipity Room". Cotton candy and popcorn will be served. Everyone is welcome to come and join us for this summer fun event!



Volunteers Make It Happen

The Resale Book Store in the lobby of the new library has been tremendously successful in the two months that it has been open. The Fountain Hills Library Association Board praises the volunteers who have made this success happen by staffing the store.

The profits from the hundreds of donated books have made it possible for the Library Association to fund the summer reading program, including the purchase of the grand prize – a mountain bike from CG Bike store here in Fountain Hills.

More volunteers are needed! Many of the 'original' group are winter residents who will not return until late fall. Others have vacation plans that keep them from volunteering during the summer. Shifts in the



store are from 10:00 a.m. to 1:00 p.m., 1:00 to 4:00 p.m., and 4:00 to 7:00 p.m., Mondays, Tuesdays, Wednesdays, and Thursdays. On Fridays and Saturdays, there are only the 10:00 a.m. to 1:00 p.m. and 1:00 to 4:00 p.m shifts. A calendar on the wall of the store is available for signing up. Leave a name, address, and phone number with the volunteer on duty or call Joan Owens at 837-5116.

Remember to donate good, fairly new, used books, paperbacks, and videos also. Keeping the shelves stocked with reading and listening materials will enable the profits generated to continue to fund worthwhile library programs and materials.

Thanks to all – the volunteers, the donors, the purchasers. The Resale Book Store is a success! Come **to visit soon.**

Fountain Hills Library Programs



Knit and Crochet Classes

Kids Can Knit & Adults Can Too

Sat., June 1st, 11:00 a.m.-1:00 p.m.

Special Projects in Crochet

Tue., June 4th, 10:00 a.m.-12:00 p.m.

Creative Hands Problem Solving

Tue., June 18th, 10:00 a.m.-12:00 p.m.

Arizona Science Center

Fri., June 7th, 1:00 p.m.

What happens inside your body when you do physical activity? Discover how your heart, lungs, and blood keep your body working.

Rich Ihle—The Ultimate Reptile Adventure

Fri., June 21st, 3:00 p.m.

Kids & adults alike will enjoy the variety of *live* reptiles and the "Reptile Adventures".

Mary Hollan—Famous Firsts with Music

Mon., June 24th, 10:00 a.m.

Explore famous firsts in Arizona from the Anasazi hardwood drums to the first sports teams in the state.

Starlight Planetarium

Wed., July 3rd, 2:00 p.m.

Come to the Library to learn about the constellations in the summer night sky. Registration is required and is limited to 30 kids.

Michael Steele – Yo-Yo Magician

Wed., July 10th, 2:00 p.m.

Michael performs exciting feats of magic and amazing yo-yo tricks that will delight the audience both young and old! Kids are welcome to bring their own yo-yos to try new tricks after the show.

Jolly Roger – A Magical Comedian—A Funny Magician

Thurs., July 18th, 2:00 p.m.

Join the Library for a hilarious, fun-packed show incorporating colorful and exciting magic, puppets, and lots of audience participation.

Bryce Aspen Stillwater – Storyteller and Balloon Twister

Mon., July 22nd, 10:00 a.m.

Captivating storytelling combined with the magical entertainment of balloon twisting. Watch the magic created with balloon characters.

Persephone—A Wacky Good Time

Sat., July 27th, 2:00 p.m.

How about a zany show with a live parrot, puppets, funny songs, weird hats, and more? Persephone will tickle your kids with her crazy collection of performance props and music and laughter!



Computer Classes

Computer Basics

Wed., July 3rd, 1:30-2:30 p.m.

Microsoft Office

Wed., June 5th, 1:30-2:30 p.m. OR

Thurs. June 6th, 7:00-8:00 p.m.

Microsoft Word

Wed., July 24th, 1:30-2:30p.m. OR

Thurs., July 25th, 7:00-8:00 p.m.

Microsoft Publisher

Wed., June 12th, 1:30-2:30 p.m. OR

Thurs. June 13th, 7:00-8:00 p.m.

Intro to Internet Explorer

Wed., July 31st, 1:30-2:30 p.m. OR

Thurs., August 1st, 7:00-8:00 p.m.

Web Searching

Wed., July 10th, 1:30-2:30 p.m. OR

Thurs., July 11th, 7:00-8:00 p.m.

Intro to E-Mail: Part One

Wed., June 19th, 1:30-2:30 p.m. OR

Thurs., June 20th, 7:00-8:00 p.m.

Intro to E-Mail: Part Two

Wed., June 26th, 1:30-2:30 p.m. OR

Thurs., June 27th, 7:00-8:00 p.m.

Library Resources Online

Wed., July 17th, 1:30-2:30 p.m. OR

Thurs., July 18th, 7:00-8:00 p.m.

Writers' Workshop

Fri., June 21st & July 19th, 1:00-4:00 p.m.

Join fellow writers and published authors from Fountain Hills. Sessions should provide an opportunity for writers, artists, and poets to share work and experiences with fellow writers. Attendees are encouraged to bring a sample of their work to share with other writers.

Eileen Morgan—Japanese Drumming Performer and Instructor

Sat., June 15th, 10:00 a.m.

This is a demonstration of the Taiko drum, bamboo wind instruments plus other various unusual accompanying instruments.



Arizona Excursions and Community Events

Party In The Park

The summer's most popular program for teens is back this May. Starting Wednesday, May 29th the Parks and Recreation Department will be providing hours of supervised fun at Golden Eagle Park. Party In The Park will feature a DJ, hours of the hottest music, games, prizes, and more.

Where: Golden Eagle Park
Date: Wed., May 29th - July 13th
Times: 6:30 p.m. - 9:30 p.m.
Ages: 10 years old and up
Fees: Free
Contact: Corey Hromek, 816-5170



Skate Park Trip

All skaters ages 11 and up are welcome to travel with us to a few local skate parks. Skaters should wear appropriate clothing and bring protective gear. Bottled water will be provided on the day of the trip to anyone who registers. Bring your board and be ready for action.

Where: Leaving Town Hall, east parking lot
Park: Apache Junction
Time: 9:00 a.m. - 3:00 p.m.
June 3rd - Course #1479

Park: Gilbert
Time: 9:00 a.m. - 3:00 p.m.
June 10th - Course #1480

Park: Chandler
Time: 9:00 a.m. - 3:00 p.m.
July 1st - Course #1481

Park: Flagstaff
Time: TBA
July 29th - Course #1482

Fee: \$5 per participant
Contact: Corey Hromek 816-5170

APRA Swimmer's Classic

Join the APRA Sports and Aquatics Branch for the 16th Annual Swimmer's Classic. This recreational swim meet gives kids ages 7 to 18 an opportunity to compete against other kids in their favorite event. Age group is determined by swimmer's age as of June 1, 2002. Participants can enter up to three events. Awards are given to participants finishing 1st through 8th place. Stop by Fountain Hills Parks and Recreation for an event entry form or for more information. The registration deadline is July 15th.

Where: ASU Mona Plummer Aquatic Complex in Tempe
Date: Saturday, July 27th
Times: Ages: 7-10, 8:00 a.m.
Ages: 11-18, 12 p.m.
Fees: \$10 per participant
\$10 for an event tee-shirt
Contact: 480-312-7968



Turnaround Trip

Join the Parks and Recreation crew once again for a trip to California as we visit Six Flag's Magic Mountain. Register early for the last big event of the summer. The trip will start and end at the new Community Center.

Where: Magic Mountain
Leaving from and returning to the Community Center
Date: Thursday, August 8th thru Saturday, August 10th
Times: Thursday, 10:00 p.m. thru Saturday, 5:30 a.m.
Course: #1487
Ages: Students entering grades 6-12
Fees: \$100 per participant
Contact: Michael Dutcher, 816-5173



Great Summer Get Aways In A Day

Let's get out of the heat! Join us each month as we take trips to various locations throughout Arizona. Space is limited, so register early.

Where: Leaving Town Hall, north parking lot 8:00a.m., returning at 4:00p.m.

Trip: Dolly Steamboat
July 12th - Course #1525
Fee: \$20 per participant

Trip: Museum of Northern Arizona (Flagstaff)
July 17th - Course #1526
Fee: \$10 per participant

Trip: Sharlot Hall Museum (Prescott)
July 25th - Course #1527
Fee: \$10 per participant

Trip: Anthem Outlets (New River)
August 6th - Course #1528
Fee: \$5 per participant

Contact: Brent Bitterman, 816-5142

Youth Summer Field Trips

Get ready for some summer fun with Parks and Recreation as we travel to baseball games, water parks, and more. Kids ages 10 and up are welcome to join us, so register early to secure your spot.

Where: Sunsplash, Bank One Ballpark, and more

Date: TBA

Times: TBA

Ages: 10 years old and up

Fees: Varies depending on trip

Contact: Corey Hromek, 816-5170

Arts & Crafts and Special Interest Programs

Tiny Tot Toddler Fun

Kids ages 2 - 6 are invited to be a part of this arts and crafts program taking place at the Community Center. Parents are encouraged to participate along with their child. Register early to secure your spot.

Where: Community Center,
Classrooms 1 and 2
Date: Sat., June 8th
Times: 2:00p.m. - 3:30 p.m.

Course: #1483

Ages: 2 - 6 years old

Fees: \$10 per participant

Contact: Corey Hromek, 816-5170

Holiday Hoopla!

Kids ages 2 through 6 are invited to make some arts and crafts projects all centered around the Independence Day theme. There will be 10 different projects to choose from, as well as snacks and music. Parents are encouraged to participate with their children. Register early as there will be no on-site registration

Where: Community Center,
Classrooms 1 and 2

Date: Wed., July 3rd

Times: 9:00 a.m. - 11:00 a.m.

Course: #1485

Ages: 2 - 6 years old

Fee: \$10 per participant

Contact: Corey Hromek, 816-5170



Kiddie Rhythmics Camp

Come to explore movement and dance this summer with this program for pre-school aged kids. Participants will learn some simple dance moves, play games, and discover new songs. The kids will also get to enjoy a snack with their new friends at the end of the hour.

Where: Community Center,
Ballroom #4

Date: Mon.-Thurs., June 22nd - 25th

Times: (Age 2&3) 3:00 p.m. - 4:00 p.m.

(Age 4-6) 4:00p.m. - 5:00 p.m.

Course: (Age 2&3) #1495

(Age 4-6) #1508

Fees: \$24 per participant

Contact: Corey Hromek, 816-5170



Summer Kreative Kids

Looking for something to do and get out of the heat? Lets play! Beach ball fun, balloons, parachute games, wind socks, playdough, hot air balloons, pin wheels, and more cool stuff. A parent must be present for each class. Pre-registration is required, as space is limited.

Where: Community Center,
Kindercare Room

Date: Tue. & Thurs. July 23rd, 25th,
30th, and August 1st

Time: 6:00 p.m. - 7:00 p.m.

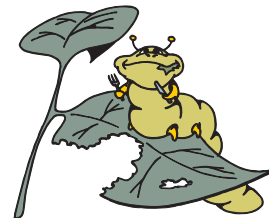
Course: #1518

Ages: 3 to 6 years old

Fees: \$30 per participant

Instructor: Beth Baltrusch

Contact: Brent Bitterman, 816-5142



Backyard Bug Safari

Discover the world of bugs and critters while making worm paintings, terrariums, pom-pom critters, and tons more. A parent must be present for each class. Pre-registration is required as space is limited.

Where: Community Center,
Kindercare Room

Date: Sat., July 13th and 20th

Time: 9:00 a.m. - 11:00 a.m.

Course: #1516

Ages: 3 to 6 years old

Fees: \$30 per participant

Instructor: Beth Baltrusch

Contact: Brent Bitterman, 816-5142

Under the Sea

Join us as we embark on an adventure into the deep blue ocean. There are so many fun projects we cannot name them all, but here are a few: Goin' Fishin', Crazy Glasses, Silly Books & Songs, and Sand Stuff. A parent must be present for each class. Pre-registration is required, as space is limited.

Where: Community Center,
Kindercare Room

Date: Mon. & Wed. May 29th,
June 3rd, 5th, and 10th

Time: 9:00 a.m. - 10:00 a.m.

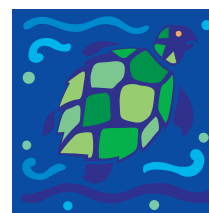
Course: #1517

Ages: 3 to 6 years old

Fees: \$30 per participant

Instructor: Beth Baltrusch

Contact: Brent Bitterman, 816-5142



Arts & Crafts and Special Interest Programs

Watercolor I

Join instructor Joan Campbell as she teaches the basics of watercolor. Learn the preparation of paper, brush strokes, design, composition, and more. You will benefit from instructor critiques and demonstrations showing various techniques and styles of painting with watercolors.

Where: Community Center
Art Room #1
Dates: Thur., June 6th - July 18th
NO Class on July 4th
Times: 7:00 p.m. - 9:00 p.m.
Course: #1520
Fee: \$32 per participant
Instructor: Joan Campbell
Contact: Brent Bitterman, 816-5142

Investing For Your Future

Week 1: *Planning for Your Family:*
A guide to retirement planning, college education funding, and life insurance. Other topics covered will be *Buying Stock in Your Future* - The nature and characteristics of the stock markets, and the benefits of diversification.

Week 2: *Global Investing, Emerging Markets, and Alternative Investments:* Learn why you might consider investing outside of our domestic stock market. Other topics covered will be *Emotions, Expectations and Economics* - Learn why you should take the emotion out of your investing decisions.

Where: Community Center
Seminar Room #1
Dates: Tue., June 11th and 18th
Times: 6:30 p.m. - 8:15 p.m.
Course: #1519
Fee: \$16 per participant
Instructors: Geoffrey W. White, CFS
Ronald S. Matheny, JD
Contact: Brent Bitterman, 816-5142

Scrapbooking Basics

Come and learn the fundamentals of Scrapbooking: organizing, cropping, layout, mounting, journaling, and more. You will receive instructional information regarding photo preservation and also learn four easy steps to turn boxes of photos and memorabilia into safe, meaningful, and creative keepsake albums.

Where: Community Center
Art Room #2
Dates: Wed., June 12th
Times: 7:00 p.m. - 9:00 p.m.
Course: #1512
Fee: \$10 per participant
Instructor: Kirsten Bonnin
Contact: Brent Bitterman, 816-5142



Scrapbooking - Non-Stop Scrapbooking Workshop

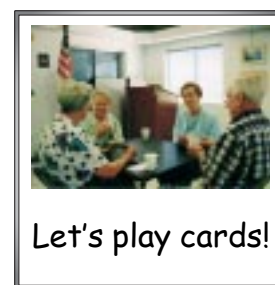
Don't put off those album projects any longer. Get away for a day of uninterrupted Scrapbooking time. We will provide the space, tools, ideas, and expertise so you can wrap up your unfinished projects. Bring your albums, photos, and Scrapbooking supplies for a productive and fun-filled day. LUNCH is included and space is limited, so reserve your spot today.

Where: Community Center
Art Room #2
Dates: Saturdays
June 15th - Course #1513
July 27th - Course #1514
Times: 9:00 a.m. - 4:00 p.m.
Fee: \$30 per participant
Instructor: Kirsten Bonnin
Contact: Brent Bitterman, 816-5142

Getting Your Groove Back! Massage & Healing Strategies

Do you experience symptoms from chronic or reoccurring conditions such as fatigue, pain, stress, panic/anxiety, fibromyalgia, or other limiting health issues? This course with Terra Jennings, LMT and personal trainer, will include movement, dance, groove, stretching, breathing, and centering. Also included is informative lectures, guest presentations, guided meditation, and relaxation. Please wear comfortable clothes and bring a notebook, pen, mat or towel, water, and a pillow if desired for comfort. Pre-registration is required..

Where: Community Center,
Ballroom #4
Date: Tue., June 25th - July 16th
Time: 8:00 a.m. - 10:00 a.m.
Course: #1530
Date: Thurs., June 27th - July 25th
No class on July 4th
Time: 7:00 p.m. - 9:00 p.m.
Course: #1529
Fees: \$45 per participant
Instructor: Terra Jennings, LMT
Contact: Brent Bitterman, 816-5142



Friday Bridge

Come play the exciting game of bridge every Friday. Players do not need a partner to participate.

Where: Community Center
Classrooms 1 & 2
Date: Fridays weekly
Time: 10:00 a.m. - 1:00 p.m.
Fee: \$1 per participant
Contact: Evelyn Breting, 816-5200

Dance and Exercise Classes

YOGA

Enjoy this very relaxing exercise class and become both physically and mentally fit. Experience the mood music and deep meditation. Everything is provided at the yoga studio, but feel free to bring your own water and mat if you choose. Please wear comfortable, stretch clothing, and for best results, do not eat for two hours before class.

Where: Inner Peace Yoga
Date: Week of July 1st thru July 29th
Class: Beginners, Course #1521
Mon. 7:00 a.m. - 8:00 a.m.
Class: Beginners, Course #1522
Thurs. 7:15 p.m. - 8:15 p.m.
Fee: \$36 per participant
Instructor: Inner Peace Instructor
Contact: Brent Bitterman, 816-5142

Summer Dance Camp

Here it is--you requested to have dance classes more than once per week, and we are offering it Monday through Friday. Hurry and sign up for Summer Dance Camp where you will learn Hip Hop, Jazz, Lyrical/Ballet, and Modern. All of this plus great dance conditions for only \$45, but class size is limited so sign up now.

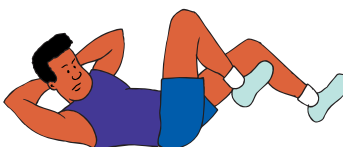
Where: FH High School Dance Room
Date: Mon.-Fri., July 29th-August ___
Class: 6 to 10 years old
9:00 a.m. - 10:00 a.m.
Course #1491
Class: 11 years old and up
11:30 a.m. - 1:30 p.m.
Course #1492
Fee: \$45 per participant
Instructor: Lindsey Greer
Contact: Brent Bitterman, 816-5142



Cardio Kickboxing

This is the best workout in Town. You can burn up to 800 calories per hour as you tone and strengthen your entire body. Cardio Kickboxing is a fun and exciting way to learn basic self-defense, as well as getting slim and trip. Don't miss this class, and tell all of your friends. Pre-registration is required.

Where: Community Center,
Classroom #1
Date: Mon. and Wed.
June 24th - July 24th
No class July 3rd
Time: 7:30 a.m. - 8:30 a.m.
Course: #1523
Fee: \$36 per participant
Instructor: Lindsey Greer
Contact: Brent Bitterman, 816-5142



ABS 101

Have you always wanted that six-pack tummy, well now is your chance. Please join us and start working to your fitness goals. Dress comfortably and bring a towel or mat. Pre-registration is required.

Where: Community Center,
Classroom #1
Date: Mon. and Wed.
June 24th - July 24th
No class July 3rd
Time: 8:30 a.m. - 9:00 a.m.
Course: #1524
Fee: \$18 per participant
Instructor: Lindsey Greer
Contact: Brent Bitterman, 816-5142

T'ai Chi Chuan

Many studies show Tai Chi has a profound impact on our health. Come and enjoy this ancient Chinese exercise used by millions for stress reduction, flexibility, blood pressure, increased awareness, and body toning. Tai Chi promotes general fitness and harmony between our body, mind, and spirit. The slow, gently flowing moves of Tai Chi Chuan are practiced daily worldwide. It is easy to learn, easy to practice, and very low impact. Pre-registration is required. Dress comfortably.

Where: Community Center
Classroom #1
Date: Wed., July 17th - August 21st
Time: 7:00 p.m. - 8:00 p.m.
Course: #1511
Fee: \$32 per participant
Instructor: Dick Wilson
Contact: Brent Bitterman, 816-5142



T'ai Chi Chih

This is a powerful healing art involving slow and easy movements. Benefits include reduced stress, increased energy, balance, and much more. This quiet meditation is suitable for all ages, as well as those with special health problems. Pre-registration is required. Dress comfortably.

Where: Community Center
Ballroom #2
Date: Mon., July 15th - August 19th
Class: Beginners, Course #1509
9:00 a.m. - 10:00 a.m.
Class: Intermediate, Course #1510
10:15 a.m. - 11:15 a.m.
Fee: \$32 per participant
Contact: Brent Bitterman, 816-5142

Youth and Adults Sports Activities



Swimming Lessons

Barb Estes is back instructing children on how to swim and be safe in and around water. All classes are American Red Cross Learn to Swim certified. Each class is 30 minutes in length and lasts for two weeks (total of six classes).

Where: Club Mirage

Dates: Session 1: June 3rd - 14th
Session 2: June 17th - 28th

Times: Level 1-2
1:30 p.m. - 2:00 p.m.
6:00 p.m. - 7:00 p.m.

Level 3-4
2:00 p.m. - 2:30 p.m.
6:30 p.m. - 7:00 p.m.

Ages: 3 - 12 years old

Fee: \$30 per participant

Instructor: Barb Estes

Contact: Milo Bonnin, 816-5132

Jr. Golf Clinics

This year, SunRidge Canyon Golf Club has offered to host the golf clinics, with the Club's golf pros teaching youngsters the basics of the game. Each session will have a maximum of 30 kids, so sign up now to reserve your spot. Three sessions will be offered, so pick the one that best fits your vacation schedule.

Where: SunRidge Canyon Golf Club

Session 1: June 3rd - 6th
Course: #1488

Session 2: June 17th - 20th
Course: #1489

Session 3: July 15th - 18th
Course: #1490

Time: 7:00 a.m. to 8:00 a.m.

Ages: Boys and Girls ages 7-17

Fee: \$25 per participant

Contact: Milo Bonnin, 816-5132

Men's and Coed Softball

The Tuesday night men's league begins on May 30th and the Coed league will begin on the following Monday night. Get your teams together now because space is limited. Softballs and umpires are provided. First and second place receive shirts after the single-elimination tournament.

Where: Golden Eagle Park

Date: May 28th - July 30th

Men's: Tue., 6:30 p.m. - 10:30 p.m.
Course: #1447

Coed: Mon., 6:30 p.m. - 10:30 p.m.
Course #1448

Fee: \$370 per team

Contact: Milo Bonnin, 816-5132



Fountain Hills Parks and Recreation Program Registration & Release of Liability

Please PRINT

1 Main Contact _____

Address _____ City, State, Zip _____

Home Phone _____ Alt. Phone _____ Emerg. Phone _____

2

Participant's Name	Birth Date	Sex	Grade	T-shirt Size	Program Title	Course Number	Fee
Please make checks payable to: The Town of Fountain Hills						TOTAL	

3

Signature of Participant (or parent/guardian if under 18) _____ Date _____

By signing above I understand that no medical insurance is provided for Town of Fountain Hills activities and agree to assume the risk for any injury related to my participation or the participation of my dependents. I agree to make no claims against the Town of Fountain Hills or any of its officers, employees, or volunteers for any injury or incident arising from this activity, however caused, including liability for negligence. I am physically able (or my dependent is physically able) to participate in this activity. I consent to any medical treatment my dependent needs while involved in this activity and I agree to pay for it. I realize that the Town of Fountain Hills is not responsible for lost or stolen articles.

Mail to: Parks and Recreation Department, ATTN: Program Registration
P.O. Box 17958, Fountain Hills, AZ 85269
OR Deliver to: Town Hall, 16836 E. Palisades Blvd., Building A

For Office Use Only	
Date Received	_____
Check #	_____
Cash	_____ Staff _____

IF YOU REQUIRE SPECIAL ACCOMMODATIONS, PLEASE CALL 480-816-5152 (VOICE) OR 1-800-367-8939 (TTD)

The Senior Activity Center of Fountain Hills is open Mondays, 12:00 p.m. to 4:00 p.m. and Tuesdays through Fridays, 9:00 a.m. to 4:00 p.m. The Center is located at 16836 E. Palisades, Building C, north entrance. Cost: participation fee of \$10.00 on a calendar-year basis.

Fitness Classes

The summer schedule for fitness classes varies.

Aerobics-Low Impact: June, Tue. & Thurs. 9:10 a.m. - 10:10 a.m. Instruction by Brenda Shaffer. Fee is \$2.00 per session.

Peer-Led Exercise Using Video Tapes: July and August, Tue. & Thurs. 9:10 a.m. - 10:10 a.m. - Free.

Line Dancing Class

Beginning and Intermediate class is Thur., 10:30-11:30 a.m. Advanced class is Mon., 7:00 - 9:00 p.m.

Bridge

Contract bridge players meet Wed. 9:30 a.m.-12:30 p.m.

Cards and Poker

Card players meet Fri., 9:00 a.m.-noon. Chess, Checkers, picture puzzles, and board games also available.

Bingo

This fun group meets Mon., 1:00-3:00 p.m. Twelve games with monetary prizes: \$3.00 for 3 cards.

Wood Carvers Carve Along

Join the Friday Carve Along from 1:00-3:00 p.m. Call 816-5888 for information.

Art Activities

Projects workshops: Bring whatever media project on which you are currently working, except oils. There is no charge or instruction.

Movies Tuesdays

Join us on Tuesdays from 1:30 p.m. - 3:30 p.m. for videos on the big-screen TV. There is no charge.

Computer Classes

For fee information and to register for computer classes, call the center at 816-5888. Based upon class registration results, the following courses may be offered:

Computer Fundamentals

June 3rd -14th from 9:30 a.m. - 11:30 a.m. This four day class is offered Mon./Thurs. and/or Tues./Fri.

Introduction to Computers

June 3rd -27th from 1:00 p.m.- 3:00 p.m. This eight day class is offered Mon./Thurs.

SeniorNet Lab

This is open to any and all SeniorNet members on Wed. from 9:00 a.m.-12:00 p.m.

Fishing Club

Selected Thursdays trips in Senior Services van to cool mountain lakes. Call for schedule and reservations.

Men's Group

Call 816-5888 for the schedule of activities and discussions.

Women's Group

Table Talk: Thur. 1:00-3:00 p.m. for lively discussion.

Sixty & Single: Meets second and fourth Wed., 1:30 - 3:30 p.m. to plan group activities.

Day Trips

Day trips being planned for shopping and cool country adventures. Call 816-5888 for information.

Overnight Trips

July 30th -August 1st: Pageant of the Masters, Laguna Beach Festival of the Arts, and J. Paul Getty Museum. Cost is \$299 per person double occupancy. Deadline to register is June 28th. August 27th - 30th: Zion Canyon, Bryce Canyon, Lake Powell, and the North Rim of the Grand Canyon. Cost is \$399 per person double occupancy. Deadline to register is July 26th.

Free Financial Seminars

Please call for seating for each seminar.

The Last Paycheck - Managing Retirement

June 18th at 10:30 a.m. with Maureen Featherston, CFS, Linsco/Private Ledger, member DASD/SIPC.

Estate Planning and Elder Law

June 19th at 1:30 with Kaehall Estate Planning Services

Caregiver Support Group

Call 816-5888 for the summer schedule. Facilitator is Donna Hepperman, M.S.W. of the Generations Program

Services

Call the Senior Activity Center at 816-5888 for information on the following services:

~Benefits counseling by appointment for Medicare or Social Security.

~Medical equipment loan program.

~Home delivered meals.

How to Contact Us

Town Hall: 837-2003
Parks & Recreation: 816-5152
Marshals Department: 837-8800
Sheriff's Department: 837-2047
Fountain Hills Fire Dept.: 837-9820
Public Library: 837-9793
Community Center: 816-5200
Senior Activity Center: 816-5888
Fountain Hills Sanitary Dist.: . 837-9444
Fountain Hills School Dist.: 837-0693



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